



## VOLUNTEER FORM

**Sweet Dreamzzz, Inc. is a non-profit organization committed to providing bedtime essentials and a sleep education program to at-risk children in preparation for classroom learning.**

Please complete this form and return to Sweet Dreamzzz, Inc. by fax at (248)478-3244 or mail to P.O.Box 608, Farmington, MI 48332, or email to [sweetdreamzzzdet@ameritech.net](mailto:sweetdreamzzzdet@ameritech.net)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Company/Title \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Other: \_\_\_\_\_

Best time to contact you: \_\_\_\_\_ AM at \_\_\_\_\_ or \_\_\_\_\_ PM at \_\_\_\_\_

Where did you hear about Sweet Dreamzzz? \_\_\_\_\_

Please check the boxes below that interest you.  
Some one will contact you to discuss your interest.

- 1. Raise money for sleeping bags/sleep kit items  
Suggestions: Free dress days, Blue Jean Day, Pajama Day, Competitions between departments, Raffles, Walk-a-thons, Birthday parties with donations instead of gifts, and/or Penny Collection.
- 2. Collect items for *The R.E.M. Sleep Program* kits  
Items needed: White tube socks, Boxes of 16 Crayola crayons, Toothbrushes, Toothpaste, New or gently used Beanie Babies
- 3. Sponsor a child with Kits for Kidzzz, our monthly donor program  
\$35 per month supplies a new child each month with the warmth & comfort for a good night's sleep
- 4. Other Opportunities  
\_\_\_\_ Help set up distribution at an elementary school the day before the program  
\_\_\_\_ Help with distribution of *R.E.M. Sleep Program* and sleep essentials at an elementary school.  
\_\_\_\_ Be a Sleeper Teacher: Train to teach bedtime tips at *R.E.M. Sleep Program*  
\_\_\_\_ General office help needed occasionally

More on page 2.

□ 5. Volunteer for a Board Committee\*

- Finance: Chaired by Board Treasurer; consider budget, spending and investment policies, present annual budget for approval, etc.
- Program: Chaired by Board Member; reviews the R.E.M. Sleep Program, volunteer recruitment & training, interacts with Program Director.
- Special Event: Board Member is liaison; work directly on the annual fundraiser(s), secure corporate sponsors.
- Fundraising: Chaired by Board Member; fundraising efforts beyond the special event, such as; annual appeal, REM Program sponsors, grants, etc.
- Marketing/Public Relations: Board Member is liaison; create and effectuate public relations plan, expand media partnerships.

\*Participation on a Board Committee is a prerequisite to joining the Board.

**A Sweet Dreamzzz, Inc. representative will be in contact with you.  
Thank you for your interest.**

[www.sweetdreamzzzdetroit.org](http://www.sweetdreamzzzdetroit.org)

248-478-3242

P.O. Box 608, Farmington, MI 48332

<p><i>Office Use Only</i> <i>Input in ACT: Date: _____ Initials _____</i> <i>Letter sent: Date: _____ Initials _____</i> <i>Follow up rec'd _____</i></p>
---